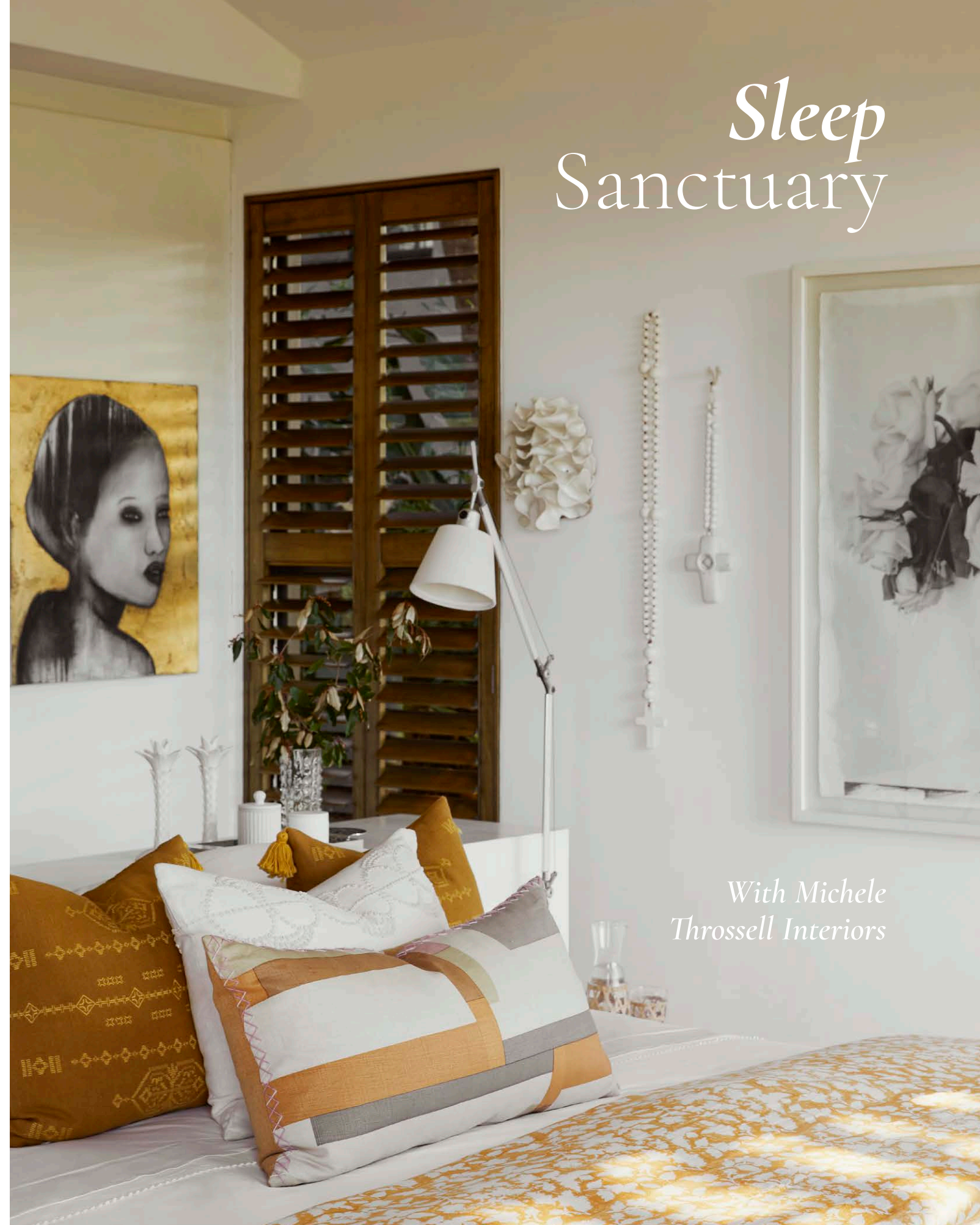


Sleep Sanctuary



*With Michele
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Designing the perfect master bedroom involves creating a union between what one needs and what one wants. The master suite is where we begin each day, and where we retreat after a hard or a great one. To accommodate the individual, the goal for the bedroom is to craft a space that serves as a sanctuary under every circumstance, prioritising both leisure and value in every detail.

Photography by Elsa Young



Cornerstone of comfort

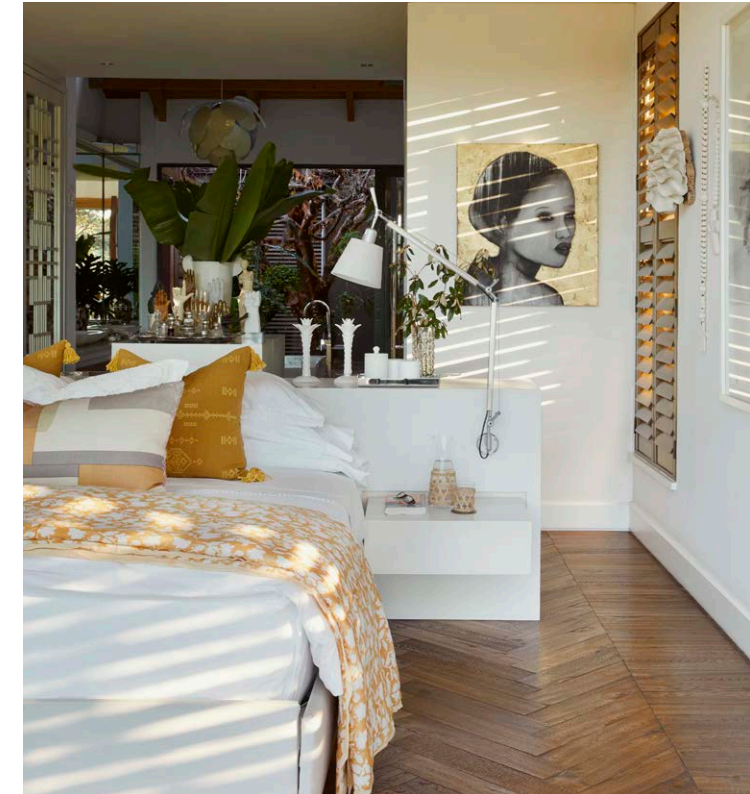
At the heart of the ideal master bedroom is the mattress, which I view as the cornerstone of comfort. Opting for a high-quality mattress ensures a restful retreat, promoting a good night's sleep. Enhancing this foundation involves layering the mattress with exquisite linen and plush down inners, inviting a touch of luxury to the sleeping experience. Next, the choice of blankets becomes crucial for the perfect experience. Blankets should cater to each season while also introducing texture and colour to enhance the room. To elevate the visual allure, throw cushions should be strategically placed to create depth and intrigue, transforming the bed into a focal point. These additions not only contribute to a divine overall bedroom aesthetic but also offer extra comfort and support.

Light and shadow

The importance of lighting cannot be overstated in crafting the perfect atmosphere. Lamps with warm, relaxing hues set the mood, while task lighting near the bedside caters to splendid late-night reading sessions. The interplay of light and shadow also adds a layer of sophistication to the space, making it all the more sublime.

Making space

Finally, storage solutions are essential in perfecting a bedroom's design. Bedside tables provide a convenient home for personal items, keeping the space clutter-free while still contributing to the elegance of the space. These days, cable management should also be carefully considered to cater to everyday devices, maintaining a clean and organised appearance. Built-in cupboards adorned with mirrors serve a classic dual purpose, creating an illusion of depth and offering additional storage.



In essence, the perfect master bedroom is a specially curated haven that meets its owner's physical, emotional, and aesthetic needs. It invites inhabitants to retreat from the demands of the day, offering a private space for relaxation, while also providing a practical environment for essential tasks. The result is a well-balanced sanctuary that reflects the homeowner's personality and promotes a sense of tranquillity and well-being.



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